

Samurai Mind Training for Modern American Warriors Answer Sheet

Definitions

Choose the correct meaning for each word from the definitions given, according to the manner in which the word is used in the article

1. key (paragraph 1, line 4)

a. the solution to a problem	c. essential component or part
b. to arouse tense feelings (ex. nervousness)	d. to adjust one's thoughts or actions to a particular state

2. mandated (paragraph 2, line 4)

a. a command or an order given	c. an agreement to perform a service for another person or group
b. making something a requirement	d. making something (an action or behaviour) acceptable

3. brainchild (paragraph 3, line 1)

a. an idea evolving from another idea	c. a child who prefers intellectual activities to sports or physical activities
b. a child who is significantly smarter than his classmates or the level expected for his age group	d. a product of the creative thoughts or work of a person or group

4. delved (paragraph 3, line 5)

a. tried to prove something was false	c. investigated or studied
b. ignored	d. pursued something by abandoning anything that might interfere

5. certifiably (paragraph 5, line 1)

a. proven to be	c. extremely
b. insanely	d. unreliably

6. cultivating (paragraph 5, line 6)

a. devoting yourself to _____ (and excluding everything else)	c. promoting _____; encouraging others to seek _____.
b. seeking friends and acquaintances to achieve _____.	d. developing or improving yourself by seeking happiness or peace.

7. anecdotally (paragraph 8, line 1)

a. by studying the comments of students who have taken the training	c. by comparing different students notes and comments
b. by counting the number of positive and negative comments	d. by studying the comments of instructors who have given the training

8. straying (paragraph 9, line 1)

a. becoming rebellious or resisting a thought or an activity	c. becoming distracted, unable to focus
b. focusing on something else that has caught your attention	d. leaving an area where something should be and going elsewhere

9. (at a) premium (paragraph 10, line 1)

a. more important than other things	c. valuable or expensive
b. in short supply; hard to find or obtain	d. being sold or bartered between members of a group